

Refer to Occupational Therapy for help with...

- * Handwriting
- * Attention and concentration
- * Fine and gross motor skills
- * Play and social skills
- * Confidence and motivation for learning
- * Visual-spatial learning skills
- * Being organised
- * Sensory processing
- * Technology to assist learning



The goal of Occupational Therapy in the home environment is to improve a child ability and performance of tasks and activities important for their day to day environment.

HoPALoNG offers Centre based assessment and intervention from our Peakhurst and Croydon Centre as well as these innovative school based services

HoPALoNG



Occupational Therapy for Children

Confidence - Skill - Success

Want more information?

Contact us on 1800 809 552

help@hopalong.com.au

www.hopalong.com.au

HoPALoNG also offers Centre based therapy from our Peakhurst and Croydon Centre

After school and Saturday appointments available

OT Australia Members



HoPALoNG Mission

To provide the best possible services to help children and young people develop confidence and skills to successfully cope with life's challenges

Ph: 1800 809 552

HoPALoNG



Occupational Therapy for Children

Confidence - Skill - Success

HoP at Home Brochure

HoPALoNG is in a unique position to offer Occupational Therapy Services within your home.



We come to you

For real life home programs and therapy using your child's own toys, there is no other choice but Hop at Home.

www.hopalong.com.au

1800 809 552

HoPALoNG offers the following school based OT programs.

Firstly a Full Assessment

Full Occupational Therapy Assessment to determine your child's strength and weaknesses and areas to develop their skills

- ☆ HoPALoNG therapists use play based activities & age appropriate standardised assessments
- ☆ A written summary and/or detailed report is included
- ☆ We provide relevant parent & teacher information, advice & recommendations.



Then Home Consultation

- ☆ Therapists work with parents, carers, teachers and other professionals when goal setting, providing recommendations and evaluating
- ☆ We provide realistic home & school programs

HoPALoNG therapists can also provide High School Student assessments at School:

* *Learning Styles Assessment and*

Or Home Therapy Intervention

Individual occupational therapy intervention where your child and yourselves feel the most comfortable

Individualised therapy programs are developed in conjunction with the child, parent & teachers

Each child's individualised program considers their strengths and interests to ensure goals can be achieved

HoPALoNG allows trials and organises purchase of therapy equipment eg pencil grips, sloping boards and movement cushions

Ongoing reviews and follow up appointments are provided



We combine therapeutic techniques to provide individualised therapy intervention Including Sensory Integration, Cognitive, Sensory-motor & Developmental Approaches

By working with families and teachers we help children:

- ☆ Feel good about themselves
- ☆ Cope with preschool, primary & high
- ☆ Write legibly & keep up



- ☆ Improve their coordination
- ☆ Enhance their Sensory processing
- ☆ Support Visual Perception needs
- ☆ Try new activities
- ☆ Concentrate
- ☆ Have fun with leisure
- ☆ Discover their learning style
- ☆ Learn independent skills
- ☆ Develop hand dominance & laterality
- ☆ Make friends and develop social skills
- ☆ Increase self confidence & motivation
- ☆ Enhance self care skills (dressing, grooming and organisation for school)



Group Programs throughout the school holidays, now include:

- Social Skills
- School Readiness
- Transition to High school
- Handwriting