

Refer to Occupational Therapy for help with...

- \* Prewriting development
- \* Fine and gross motor skills
- \* School readiness skills
- \* Attention and concentration
- \* Play and social skills
- \* Sensory processing
- \* Confidence and motivation for learning
- \* Visual-spatial learning skills
- \* Being organised
- \* Technology to assist learning



*The goal of Occupational Therapy in the school environment is to improve a student's performance of tasks and activities important for school functioning.*

**HoPALoNG also offers Teacher In-services that can be targeted to your staff and students**

# HoPALoNG



**Occupational Therapy for Children**

*Confidence - Skill - Success*

**Want more information?**

Contact us on 1800 809 552

[help@hopalong.com.au](mailto:help@hopalong.com.au)

[www.hopalong.com.au](http://www.hopalong.com.au)

**HoPALoNG also offers Centre based therapy from our Peakhurst and Croydon Centre**  
*After school and Saturday appointments available*

OT Australia Members



*HoPALoNG Mission*

*To provide the best possible services to help children and young people develop confidence and skills to successfully cope with life's challenges*

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# HoPALoNG



**Occupational Therapy for Children**

*Confidence - Skill - Success*

**HoP TO PRE-SCHOOL BROCHURE**

*HoPALoNG is in a unique position to offer Occupational Therapy Services within the educational school and preschool system.*



*'Two or three students from every class are likely to have serious fine motor, visual-motor, gross motor and/or sensory issues affecting their school performance'. **HELP your preschoolers early.***

**We come to you**

In today's busy life, parents appreciate convenience.

[www.hopalong.com.au](http://www.hopalong.com.au)

**1800 809 552**

HoPALoNG offers the following  
Preschool based OT programs.

## 1. Screening Assessments

**When you are not sure which child to refer for a full assessment, request a screening assessment- parents or pre school invoiced**



- A 30 minute screening assessment for possible motor, sensory, cognitive and/or handwriting difficulties.
- A handwritten report provided to teachers and parents
- Recommendations provided including further assessment, home program or class program

*Free staff in-service when 5 or more screening assessments are booked for 1 day*

*Early intervention is key, so help your preschoolers before they have difficulty at school.*

Handwriting is the most common reason for OT referrals in the school system - 95% of Occupational Therapy referrals (Missiuna, 1999, cited in Sahagian Whalen, 2003)

*Therefore poor handwriting skills may lead to poor self confidence and esteem, increased frustration and poorer school performance.*

## 2. Hop to Pre-school

**Individual occupational therapy assessment and intervention at pre-school- parents invoiced**

- Give your students access to additional support they need at pre-school.
- Occupational Therapy Assessment and Intervention provided at pre-school
- Reports and recommendations provided to parents and face to face discussion with teachers
- At no cost to you as HoPALoNG invoices directly to the parents
- Indoor and outdoor observations and specific recommendations

**Children and Teachers enjoy HoPALoNG Time**

HoPALoNG develops individualised therapy programs in conjunction with the child, parent & teachers.

We combine therapeutic techniques to provide individualised therapy intervention Including Sensory Integration, Cognitive, Sensory-motor & Developmental Approaches



Each child's individualised program considers their strengths and interests to ensure goals can be achieved

Therapists work with parents, carers, teachers and other professionals when goal setting, providing recommendations and evaluating

We provide realistic home & school programs

## 3. Hand in Hand

**Small group or class based occupational therapy intervention -pre-school invoiced**



- An innovative therapy service of preschool based group program intervention.
- Preschool funded with projects for all budgets and group sizes from 5-targeted students to whole class programs.
  - ☆ Transition to School
  - ☆ Happy hands early handwriting
  - ☆ Fine and Gross Motor Skills
  - ☆ Move to learn (attention & concentration skills)
  - ☆ Social skills
- Access to discounted therapy equipment also included.
- Education and Training sessions provided to relevant teachers

**HoPALoNG therapists can also provide Group Programs at Pre-school including:**

- **School Readiness**
- **Social Skills**
- **Fine and Gross Motor Skills**
- **Attention and Concentration**

**Programs offered weekly or intensively in one week period.**

**Programs also offered during the school holidays at our Centres.**